SEPTEMBER 2026 - MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		Baked Mac & Cheese Stewed Tomatoes Green Beans *Whole Fresh Fruit		Crab Cake Sandwich Peas Peach Crumble		
6	7	8	9	10	11	12
		Cheese Stuffed Shells w/Crushed Tomato Sauce Green Beans Apple Crumble		Caribbean Flounder over Dirty Rice Peas Stewed Tomatoes		
13	14	15	16	17	18	19
		Meatloaf w/Gravy Mashed Potatoes Broccoli *Whole Fresh Fruit		Turkey w/Gravy Stuffing Glazed Sweet Potatoes Mixed Vegetables		
20	21	22	23	24	25	26
		Turkey w/Gravy Stuffing Glazed Sweet Potatoes Mixed Vegetables		Roasted Tilapia Lemon Rice Peas Apple Crumble		
27	28	29				
		General Tso's Chicken Fried Rice				