




# Activities Calendar - NOVEMBER

 801 West Marshall St.,  
Norristown, PA 19401

 (610) 277-0257, option 3

 Every Tuesday and Thursday  
from 10:00 am to 2:00 pm



**Tuesday 5**

10:00 AM Chair Exercise  
11:00 AM Holiday Art  
12:00 PM Lunch  
1:00 PM Table Games

**Wednesday 6**

**Thursday 7**

10:00 AM Dance  
11:00 AM Digital Skills  
12:00 PM Lunch  
1:00 PM Holiday Art

**Tuesday 12**

10:00 AM Fall Art  
11:00 Karaoke  
12:00 PM Lunch  
1:00 PM Yoga

**Wednesday 13**

**Thursday 14**

10:00 AM Digital Skills  
11:00 AM Easy Painted  
Canvas  
12:00 PM Lunch  
1:00 PM Table Games

**Tuesday 19**

10:00 AM Fall Art  
11:00 AM Financial  
Literacy  
12:00 PM Lunch  
1:00 PM Karaoke

**Wednesday 20**

**Thursday 21**

10:00 AM Dance  
11:00 AM Digital Skills  
12:00 PM Lunch  
1:00 PM Fall Art

**Tuesday 26**

10:00 AM Chair Exercise  
11:00 AM Movie Time  
12:00 PM Lunch  
1:00 PM Table Games

**Wednesday 27**

**Thursday 28**

WE'RE CLOSED.  
HAPPY THANKSGIVING!